



# Camp Rodney Heaterstack Menu

● – Prepared without Gluten  
◇ – Vegetarian



DEL-MAR-VA COUNCIL  
BOY SCOUTS OF AMERICA

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Cold Breakfast	<i>Kitchen Closed</i>	Assorted Muffins ◇ Fresh Fruit ● ◇ Yogurt Cup ● Assorted Cereals ◇	Cinnamon Rolls ◇ Fresh Fruit ● ◇ Yogurt Cup ● Assorted Cereals ◇	Donut ◇ Fresh Fruit ● ◇ Yogurt Cup ● Assorted Cereals ◇	Apple Turnover ◇ Fresh Fruit ● ◇ Yogurt Cup ● Assorted Cereals ◇	Assorted Danish ◇ Fresh Fruit ● ◇ Yogurt Cup ● Assorted Cereals ◇	Bagel ◇ Fresh Fruit ● ◇ Yogurt Cup ● Assorted Cereals ◇
Hot Breakfast		Chocolate Chip Pancakes ◇ Breakfast Syrup ● ◇ Pork Sausage Links ●	Scrambled Eggs ● ◇ Bacon ● Sausage Gravy Buttermilk Biscuit ◇	Cheesy Breakfast Scramble with Ham ● Diced Potatoes ● ◇	Chicken & Waffles Honey	French Toast ● ◇ Bacon ● Breakfast Syrup ● ◇ Sausage Patty ●	Cheese Omelets ● ◇ Home Fries ● ◇
Lunch Entrée	<i>Kitchen Closed</i>	Pulled Chicken Sandwich Coleslaw ● Pretzels ◇	Taco Tuesday Hard Shell Taco ● <i>Assorted Toppings</i> Seasoned Rice ● ◇	Beef Meatball Sub Parmesan Cheese ● ◇ Baked Tater Tots ● ◇ Cheese Sauce ◇	Beef Hamburger Beef Hot Dogs <i>Assorted Toppings</i> Mac & Cheese ◇	Breaded Chicken Sandwich <i>Assorted Toppings</i> Potato Chips ● ◇	<i>Kitchen Closed</i>
Salad		House Salad ● ◇	House Salad ● ◇	House Salad ● ◇	House Salad ● ◇	House Salad ● ◇	
Dessert		Orange Dream Bar ● ◇	Bomb Pop ● ◇	Italian Ice ● ◇	Ice Cream Sandwich ◇	Fudge Bar ● ◇	
Dinner Entrée	BBQ Chicken ●	Cheesy Baked Ziti ◇ Cheesy Baked Ziti with Meat Sauce	Roast Turkey ● Country Gravy	Jambalaya with Chicken & Pork ●	Herb Roasted Chicken ● Country Gravy	Pot Roast in Beef Au Jus ●	<i>Kitchen Closed</i>
Sides & Veggies	Southwest Seasoned Corn ● ◇	Mixed Vegetables ● ◇	Cornbread Stuffing ◇ Cranberry Sauce ● ◇ Seasoned Corn ● ◇	Corn Bread ◇ Ginger Glazed Carrots ● ◇	Mashed Potatoes ● ◇ Garlic Green Beans ● ◇	Herbed Red Bliss Potato Wedges ● ◇ Lemon Broccoli ● ◇	
Salad	Pasta Salad ◇	House Salad ● ◇	House Salad ● ◇	House Salad ● ◇	House Salad ● ◇	House Salad ● ◇	
Dessert	Sliced Watermelon ● ◇	Rice Krispies Treats	Freshly Baked Assorted Cookies ◇	Choco Taco Ice Cream ◇	Brownies ◇	Apple Pie ◇	

\*\*\* Arrangements for special dietary needs should be made with the kitchen managers prior to the start of the meal \*\*\*

\*\*\* Menu subject to change based on supply chain issues \*\*\*

PB & J available upon request